

VISIONARY

2026 EDITION

ADVANCING CATARACT CARE

*How UltraView VISION®
is Redefining Precision
and Personalization*

CLOSER TO HOME

*Expanding Access to
Quality Eye Care
with Dr. Lili Tong*

SEE THE DIFFERENCE

*UltraView FREEDOM™
Brings Life-Changing
Vision to the
Greater Toronto Area*



UPTOWN

EYE SPECIALISTS





EXCELLENCE AT SCALE:

What it Takes to Lead in Ophthalmology Today

by U Vision Group



ophthalmology is advancing faster than ever before. What was once defined purely by surgical skill is now shaped by technology, research, and collaboration across borders. Yet amid this rapid innovation, the foundation of great medicine remains unchanged: precision, curiosity, and mentorship.

At U Vision Group (UVG), excellence is measured not by how many patients are treated, but by how deeply innovation, research, and education are woven together to elevate the standard of care. This commitment to both technological and human growth has created a network that continues to redefine what modern ophthalmology can achieve.

Precision That Begins and Ends with the Patient

Technology has transformed how surgeons see, plan, and operate, but its greatest value lies in how it serves the patient. At UVG, advanced diagnostic and surgical platforms, such as laser-assisted cataract systems and the Light Adjustable Lens, allow surgeons to achieve a level of personalization once thought impossible.

These tools refine a surgeon's technique rather than replace it, enabling precise adjustments even after surgery as the eye heals. Each

patient's unique anatomy, lifestyle, and visual goals guide every decision, ensuring that innovation supports individuality rather than uniformity. For UVG, the true test of technology is not its novelty but its ability to improve safety, comfort, and confidence in outcomes.

Research That Strengthens Every Decision

Evidence forms the backbone of UVG's clinical excellence. Years ago, UVG's leadership helped pioneer the ReLACS® study, one of Canada's largest comparative analyses of laser-assisted and manual cataract surgery. The findings established a new benchmark for surgical safety and precision, validating that accuracy and data-driven decision-making lead to stronger patient outcomes.

That same investigative mindset continues to drive UVG's work today. Every procedure contributes to an evolving body of research, supporting improvements across all clinics. Continuous learning isn't an obligation at UVG; it's embedded in the organization's culture. Surgeons are encouraged to review their own data, analyze trends, and explore how each advancement can further refine results.

Mentorship That Builds Legacy

Technology and research may fuel progress, but mentorship ensures it endures. Within UVG, mentorship is more than professional guidance, it is a defining value that shapes every

generation of clinicians.

The long-standing mentorship between Dr. Sohel Somani and Dr. Harrish Nithianandan began with the ReLACS® study and continues today, as both surgeons collaborate across subspecialties to strengthen patient care and train others in turn.

Collaboration That Extends Beyond Borders

Excellence in ophthalmology knows no boundaries. The most meaningful progress happens when knowledge is shared freely across teams, specialties, and even continents. At U Vision Group, that belief drives every partnership, every training initiative, and every act of mentorship. The goal is simple: to strengthen eye care wherever it is needed and ensure that access to vision is guided by compassion as much as by precision.

A Vision That Scales with Purpose

To lead in ophthalmology today is to balance art with science and innovation with empathy. Success is measured not by volume, but by the consistency of outcomes, the strength of collaboration, and the generosity of knowledge shared.

As UVG looks to the future, its purpose remains clear: to combine technology, research, and mentorship in ways that elevate patient care everywhere it operates. In doing so, it demonstrates that when excellence is shared, it scales, transforming not only how people see, but how they live.





CONTENTS

12
COMING FULL CIRCLE:
*How Mentorship Turned
Research into Collaboration
at U Vision Group*

14
**THE ART AND
PRECISION OF
EYELID SURGERY
ACROSS CULTURES**
With Dr. Sangsu Han

16
**INTRODUCING
DR. HARRISH
NITHIANANDAN AND
DR. EVAN MICHAELOV**
to the U Vision Group Team

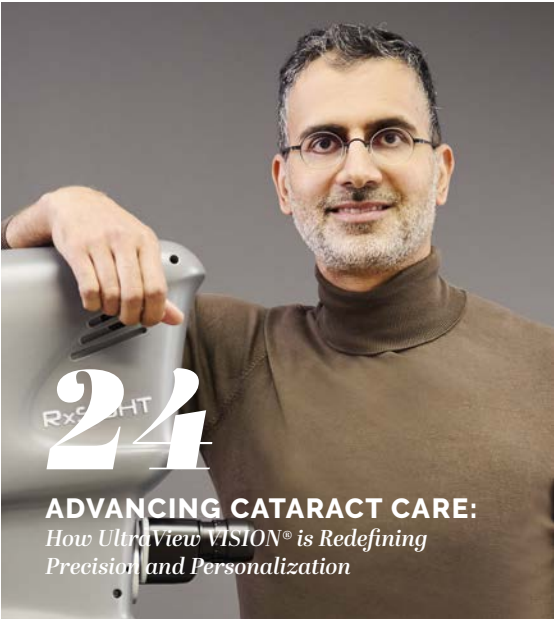
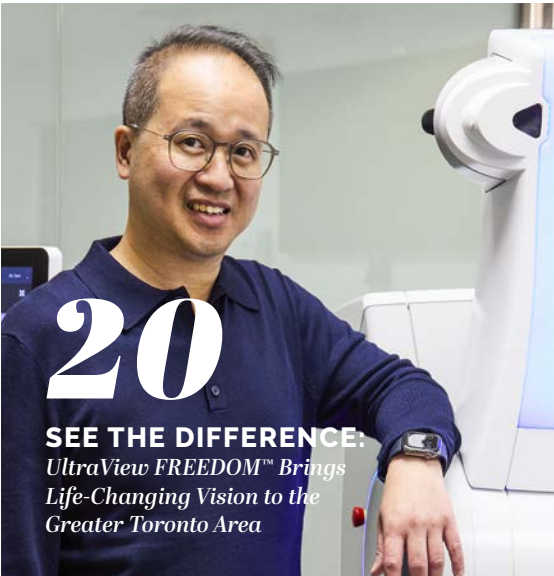
18
**TRANSFORMING
BEAUTY FOR EVERY
SKIN TYPE:**
*The U Eye Laser Cosmetic
Patient Journey*

28
**DRY EYE
BREAKTHROUGHS:**
*Transforming Care for Clearer,
More Comfortable Vision*

30
**BUILDING TRUST,
RESTORING SIGHT:**
*How U Vision Group's
Surgical Counsellors
Transform Patient Care*

32
**FORSEE CANADA
AND THE CATARACT
RELIEF PROGRAM:**
*Restoring Sight,
Rebuilding Lives*

36
**SWING FOR SIGHT
2025 GOLF
TOURNAMENT!**





CLOSER TO HOME:

*Expanding Access to Quality Eye Care
with Dr. Lili Tong*

Medical breakthroughs only make a difference when people can actually use them. U Vision

Group is working to expand patient-focused eye care throughout the Greater Toronto Area (GTA), offering advanced diagnostics, surgical skills, and coordinated follow-up closer to where people live. At U Vision Group's Etobicoke location, Dr. Lili Tong, a comprehensive ophthalmologist, explains how their approach helps more patients get high-quality eye care.

Expanding Access in Etobicoke

The need for specialty eye care is rising in the GTA. U Vision Group opened its Etobicoke clinic to offer more consultations, diagnostics, and surgical options, with several U Vision Group clinicians working together instead of just one doctor. By placing services in the community and utilizing a shared electronic medical record, U Vision Group helps reduce delays and travel, while maintaining consistent care.

"It's easier to work in an outpatient clinic where it is fully equipped so my patients can actually be treated more efficiently," Dr. Tong notes.

The Etobicoke team works closely with other U Vision Group colleagues every day, including optometrists, surgical counselors, and subspecialists. Together, they help patients quickly get the proper care for cataract evaluations, dry eye treatment, retinal assessments, or refractive options as needed.

Care Without Language Barriers

The Greater Toronto Area's diversity is a real strength, and U Vision Group is ready to meet patients' needs. Many providers in the group speak other languages, such as Mandarin so that patients can hear about proce-

“*When I can explain the details in a language patients understand, they feel more comfortable and informed.*” DR. LILY TONG

dures, timelines, and risks directly from their own clinician.

“There aren’t that many Mandarin-speaking ophthalmologists,” Dr. Tong says. *“When I can explain the details in a language patients understand, they feel more comfortable and informed.”*

Across the group, U Vision Group provides care in several languages. This helps make consent discussions more straightforward, improves instructions before and after surgery, and gives patients and families more confidence in their decisions.

A “Front-to-Back” Model of Eye Care

Cataract surgery in Ontario is covered by the Ontario Health Insurance Plan (OHIP). Patients can also choose refractive upgrades to help reduce their need for glasses, if it is

medically suitable. U Vision Group brings teams together so that patients receive everything they need, from eye surface treatments at the Dry Eye Institute before measurements, to timely surgical counseling, surgeon consultations, and organized follow-ups. This way, patients do not feel like they are being sent from one clinic to another.

“I try to focus on the eye from front to back,” Dr. Tong explains. *“When we optimize every component—tear film, cornea, lens choice, retina—patients get the best possible vision.”*

Teaching, Mentorship, and Consistent Standards

U Vision Group’s growth is closely connected to education. Senior clinicians mentor new ophthal-

mologists and allied providers, helping to standardize protocols and improve results at every location. Dr. Tong is involved in training and is also working to expand access in Etobicoke, gradually adding more capacity to maintain high quality as services grow.

Looking Ahead

As U Vision Group expands its community clinics and fosters teamwork across locations, more patients can access advanced care in their own language, closer to home, and within a seamless system. With doctors like Dr. Tong sharing their knowledge and experience, U Vision Group is keeping a simple promise: to make excellent eye care easier to access and to support patients at every stage.



DR. LILY TONG

COMING FULL CIRCLE:

HOW MENTORSHIP TURNED RESEARCH INTO COLLABORATION AT U VISION GROUP

W

When Dr. Harrish Nithianandan first met Dr. Sohel Somani, he was a medical student who had been awarded a scholarship to pursue an impactful research project in Ophthalmology. For Dr. Somani, an accomplished cataract and refractive surgeon and retina specialist, it was an opportunity to mentor a colleague who shared his curiosity for technology and data.

The Research Project That Started It All

"I was very fortunate to have received a national scholarship," Dr. Nithianandan recalls. *"I was thrilled to collaborate on an innovative surgical research project."* Under Dr. Somani's supervision, the team analyzed outcomes from thousands of cataract surgeries comparing traditional manual procedures with Refractive Laser-Assisted Cataract Surgery (ReLACS®), one of the largest data sets of its kind in Canada.

"It was a very hot topic," Dr. Nithianandan says. *"Our surgical centre does a very high volume of cata-*

ract surgery, and it provided us with the opportunity to investigate this in a high number of patients, which is not an opportunity that comes very easily."

Dr. Somani remembers the same enthusiasm from his mentee. *"Dr. Nithianandan at that time was a medical student passionate about the field of Ophthalmology. It was a perfect marriage. We had a big project on hand, thousands of cases comparing laser-assisted and manual surgery, and he embraced it as project manager. Eventually, we managed to access and analyze the data, and the results were very positive."*

Turning Data into Discovery

The ReLACS® study confirmed that femtosecond-laser cataract surgery could improve precision and efficiency while reducing complications. Dr. Nithianandan explains, *"I was fascinated by the cystoid macular edema aspect. We found that in our centre, swelling in the back of the eye was actually less associated with femtosecond laser cases. We were able to do things efficiently, spending less time in the eye, and that translated into really good outcomes."*

For Dr. Somani, mentorship and research were inseparable. *"Mentoring students in this environment is a learning*

opportunity for them, but it's also a learning opportunity for me. It keeps us on our toes. A lot of clinicians stop being inquisitive, and we want to normalize continuous learning. We want to inspire the next generation of ophthalmologists to always strive to be at the leading edge."

Lessons That Last

The mentorship shaped how both surgeons approached their work. *"This experience served as a strong reminder to always be critical of my practice, ask important questions and continuously push boundaries to improve care,"* Dr. Nithianandan says.

For Dr. Somani, those are the lessons that build a lasting culture of excellence. *"I think mentorship teaches you to think critically, to use evidence, and to always put patients first. That philosophy is what defines us."*

Coming Home

After completing his residency at McGill University and retina fellowship at the Cleveland Clinic, Dr. Nithianandan returned to Ontario to join U Vision Group (UVG) in 2025. *"It really was like a full-circle moment,"* he says. *"It was rewarding to return home and work with the team I had*

previously collaborated with at a centre of excellence."

Dr. Somani shares that sentiment. *"Each generation builds on the experience of the last,"* he says. *"Harrish brings his own expertise now, and that strengthens all of us."*

Collaboration Across Specialties

Today, Dr. Nithianandan applies insights from both cataract and retina care to improve patient outcomes. *"Having this dual perspective really helps direct my approach to complex cases,"* he explains. *"We can pick up on nuances of who's at risk of developing complications, and aim to prevent them before they occur while maximizing visual and refractive outcomes."*

A Shared Vision for the Future

Both surgeons continue to mentor and teach, ensuring that curiosity and evidence remain central to patient care. *"We invest as much in people as we do in technology,"* Dr. Somani says again, *"because one without the other doesn't move the field forward."*

LEFT: DR. HARRISH NITHIANANDAN
RIGHT: DR. SOHEL SOMANI



THE ART AND PRECISION OF EYELID SURGERY ACROSS CULTURES WITH DR. SANGSU HAN



DR. SANGSU HAN

W

When most people think of ophthalmology, they imagine vision correction or cataract surgery. For Dr. Sangsu Han, the field of oculoplastic surgery offers something different: a union of medicine and artistry.

Dr. Han's work focuses not on the eyeball itself but on the delicate anatomy surrounding it, where even a millimeter can change both function and expression. *"I find oculoplastics unique because it blends precision with creativity,"* Dr. Han explains. *"It's not just about helping patients see better. It's about helping them feel more confident and restoring harmony to the way they look."*

Discovering a Discipline Where Function Meets Form

After completing his oculoplastics fellowship at McMaster University, Dr. Han realized that eyelid surgery could transform lives in more ways than one. Some patients seek treatment because drooping lids block their vision. Others come hoping to correct asymmetry or improve the contours around their eyes.



"In this field, improving function and enhancing confidence often go hand in hand," he says. *"When a patient can see better and feel comfortable in their appearance, it changes how they engage with the world."* This balance between medical precision and aesthetic consideration became the foundation of his practice and his motivation to keep learning from the best surgeons around the world.

Learning from Korea's Epicenter of Oculoplastic Excellence

Two years after his fellowship, Dr. Han completed a three-month observership at Kim's Eye Hospital in Seoul, South Korea, one of Asia's largest and most respected eye institutions. He recently returned for a second visit, this time with two years of independent surgical experience behind him and a more refined sense of what to look for.

At Kim's Eye Hospital, Dr. Han observed procedures such as Asian blepharoplasty (commonly known as double-eyelid surgery), epicanthoplasty, ptosis repair, and entropion correction. *"When you first watch a procedure you notice only the surface,"* he says. *"After performing many surgeries yourself, you start seeing the fine details, the subtle techniques that create natural, long-lasting results."*

Now that he's back in Canada, Dr. Han draws on those lessons to refine his own technique. His blepharoplasty

surgeries are especially relevant to patients of Asian descent, whose eyelid anatomy often requires approaches tailored to the unique structure of the epicanthal fold and tarsal plate. He was particularly inspired by the meticulous culture of surgery in Korea. *"The level of precision and the depth of understanding of eyelid anatomy are remarkable,"* he says. *"Every movement is deliberate and every detail matters."*

That same philosophy shapes his approach to patient care at home. *"For most patients, they offer an infrared light therapy, which helps with post-surgical inflammation and tissue healing,"* he says. These tools and techniques reflect a mindset Dr. Han brought back to his own operating room, combining human skill with innovation to achieve the best possible results.

Elevating Eyelid Surgery at U Vision Group

Dr. Han's international experience continues to shape his work with patients at U Vision Group.

He also plans to expand his scope into cosmetic injectables, building on his functional use of Botox for eyelid spasms to include aesthetic treatments such as fillers and wrinkle correction. *"The goal is to provide a full spectrum of oculoplastic care that improves both vision and appearance,"* he says.

INTRODUCING DR. HARRISH NITHIANANDAN AND DR. EVAN MICHAELOV TO THE U VISION GROUP TEAM



U

Vision Group is growing, and so is our dream to provide eye health to more people in the Greater Toronto Area. Two new subspecialists, Dr. Harrish Nithianandan and Dr. Evan Michaelov, have joined our network, each bringing deep expertise and a shared commitment

to patient-first innovation. Together, they'll help lead new programs, strengthen collaboration across disciplines, and make advanced treatments more accessible than ever.

Where Retina and Cataract Care Meet

One of UVG's greatest strengths is how closely our specialists work together. Many patients face multiple eye conditions at once, like cataract and retinal disease, which require team

coordination. *"Having this dual perspective really helps because we can pick up on the nuances of who's at risk of developing complications and how they might manifest,"* explains Dr. Nithianandan, UVG's new retina specialist. *"Being detail-oriented and having that background is essential to prevent problems before they start."*

Dr. Nithianandan's philosophy took root early in his career when he worked with Dr. Sohel Somani on Canada's landmark ReLACS® study comparing laser-assisted and manual cataract surgery. The research found that laser-assisted procedures were not only faster but also gentler on the eye, reducing postoperative inflammation while maintaining excellent safety. The project also underscored a principle that continues to shape UVG's approach: when specialists share data, mentorship, and insights, patient outcomes improve.

Building a High-Impact Retina Program

Dr. Nithianandan now brings that spirit of collaboration to UVG's expanding retina service. His goal is to develop a high-impact retina program that shortens referral times, strengthens communication with community optometrists, and ensures that patients get the care they need, fast.

"The key is keeping everyone in the loop: partners, providers, and patients," he says. *"When referrals move quickly, we*



can stop the progression of disease and preserve a patient's sight."

Beyond clinical care, Dr. Nithianandan plans to mentor residents and fellows, helping the next generation gain as much in-clinic experience as possible. He also continues his outreach through FORSEE Canada, providing pro bono eye care to underserved communities, a cause that reflects UVG's broader mission to make world-class care accessible to all.

Redefining Glaucoma Care

Joining him is Dr. Evan Michaelov, who leads UVG's new glaucoma department. A surgeon known for his thoughtful approach and focus on patient trust, Dr. Michaelov aims to reduce long wait times and expand access to advanced glaucoma treatment across the region. *"Because glaucoma often develops slowly, early communication and steady follow-up are everything,"* he explains. *"Our job is to help patients maintain both their*

sight and their quality of life."

His work will draw on new technologies such as Hydrus stents, PRESERFLO MicroShunts, and minimally invasive surgical tools that lower eye pressure safely and effectively. He's also enthusiastic about how AI-driven imaging may soon help doctors detect disease progression earlier and personalize treatment more precisely.

Collaborating Across Every Subspecialty

For Dr. Michaelov, the future of glaucoma care lies in teamwork. *"There are many times when retinal or corneal conditions occur alongside glaucoma,"* he says. *"When specialists work together, patients get better results. That's what makes UVG special, it's a team built around collaboration."*

By combining their strengths, Dr. Nithianandan's retina expertise and Dr. Michaelov's glaucoma leadership, UVG, is expanding what's possible for patients across Ontario. Their shared dedication to research, mentorship, and compassionate care signals a new era for integrated ophthalmology.

A Shared Vision for the Future

With these two specialists on board, UVG continues to push the boundaries of what coordinated eye care can achieve. The goal remains simple but powerful: to deliver the best possible outcomes through collaboration, technology, and trust. One patient, one eye, one story at a time.

TRANSFORMING BEAUTY FOR EVERY SKIN TYPE:

THE U EYE LASER COSMETIC PATIENT JOURNEY

People often think of cosmetic treatments in terms of results, but real success begins well

before the before-and-after photos are taken. At U Eye Laser Cosmetic, the team emphasizes clear education, consistent standards, and setting realistic expectations at every step. This approach helps patients feel confident in their choices and ensures care is personalized to their skin type, goals, and lifestyle.

Unlocking Radiance for All: Why the Fitzpatrick Skin Type Scale Matters

Medical aestheticians at UELC, such as May Sarhan in Brampton, Hina Kazimi in Vaughan, and Janice Lau in Scarborough, tailor treatments to the individual's Fitzpatrick skin type scale. This scale helps them understand how each person's skin reacts to the sun. For example, individuals with lighter skin may be more sensitive or prone to redness, while those with darker skin may be at a higher risk for hyperpigmentation. By tailoring techniques and aftercare to each skin type, they help patients achieve the best results while minimizing risks.

Sarhan points out that timing matters as much as the technology used. She says, "The number one thing for me is the weather. If it's summertime,



“ *Many patients expect instant results, but we explain that true improvement is gradual and requires consistent maintenance and follow-up* ” JANICE LAU

especially for darker skin types like four, five, and six, we recommend more intensive treatments in the fall or winter months." With the right tools and careful planning, she notes, treatments can be safely adjusted for every Fitzpatrick type by using the correct settings and safety measures.

Consistency Counts: A Seamless Experience Across Clinics

Patients deserve a smooth experience from consultation to follow-up, even when their care involves multiple visits or providers. At UELC, that consistency comes from a standardized approach to assessment, photography, consent, and aftercare instructions. Lau emphasizes the importance of expectation management from the start and throughout recovery. "Many patients expect instant results, but we explain that true improvement is gradual and requires consistent maintenance and follow-up," she says. "We set realistic milestones and use progress photos to track changes, so patients can clearly see their transformation over time."



To make this possible, UELC maintains consistent education and protocols across all locations. This way, patients receive the same information about preparation, sun protection, downtime, and maintenance, regardless of which clinic they visit. When new services, such as microneedling with platelet-rich plasma (PRP), are introduced, staff are trained to clearly explain the options and results, allowing patients to choose what works best for them.

Measuring Success: The Art and Science Behind Happy Cosmetic Patients

For Kazimi, success is defined by safety, satisfaction, and durability of results. Short-term wins, such as improvements in glow and texture, are paired with long-term follow-ups to ensure patients achieve the desired changes without unwanted effects, including scarring or hyperpigmentation. She also looks at indicators of trust, such as patients returning for maintenance and referring friends or family, as signals that the process felt

transparent and the outcomes met expectations.

The UELC Difference: Personalized, Safe, and Transparent

U Eye Laser Cosmetic's approach is based on three main ideas. The first is personalization, making sure every treatment plan matches the patient's Fitzpatrick type, medical history, and lifestyle. The second is safety, which involves using careful protocols, selecting the proper settings, and scheduling treatments at optimal times to protect skin health. The third is transparency, with clinicians setting clear timelines, explaining what results to expect, and encouraging good home-care habits to help results last.

Whether patients visit Brampton, Vaughan, or Scarborough, they experience the same high standard of care and a shared, patient-focused approach. By maintaining consistency in education, techniques, and follow-up across all clinics, U Eye Laser Cosmetic helps patients achieve results that look great, feel healthy, and last.

SEE THE DIFFERENCE:

UltraView FREEDOM™ Brings Life-Changing Vision to the Greater Toronto Area

Laser vision correction is giving patients freedom from glasses and contact lenses, changing the way they live and work. UltraView FREEDOM™ at U Eye Laser & Cosmetic (UEL), part of U Vision Group (UVG), offers a personalized approach that includes LASIK (Laser-Assisted In Situ Keratomileusis), PRK (Photorefractive Keratectomy), and SMILE (Small Incision Lenticule Extraction). Each procedure is carefully matched to a patient's unique eyes and lifestyle, ensuring a balance of safety, precision, and comfort.

Meet the Visionaries Changing the GTA's Eye Care

Priyanka Ramani, Vision Care Consultant at UEL, has built her career around patient education and support. She ensures patients understand each step of the journey, from consultation to follow-up, so they feel confident and cared for.

Dr. Eric Tam, a comprehensive ophthalmologist, has trained extensively and has since become a recognized leader in cataract surgery and refractive lens procedures. Today, he spearheads refractive surgery services at UEL, combining advanced technology with tailored surgical planning.

Laser Vision Correction: How It Transforms Lives

The process begins with a comprehensive consultation, which includes advanced imaging techniques such as corneal topography, thickness mapping, and tear film analysis. These diagnostics help determine candidacy for LASIK, PRK, or SMILE and guide surgical planning.

Once a procedure is chosen, patients receive detailed instructions on preparation, the day of surgery, and recovery. Post-surgical follow-up is emphasized as a cornerstone of care. As Ramani explains, *"Follow-up care is one of the most underestimated details among patients,"* but it is vital for long-term success.



DR. ERIC TAM



“ *Follow-up care is one of the most underestimated details among patients* ”

PRIYANKA RAMANI



Next-Generation Technology at Your Fingertips

UltraView FREEDOM™ uses the ZEISS VisuMax femtosecond laser, which creates a very small 2 to 3 millimeter incision. This gentle method makes SMILE surgery effective, with most people seeing better within a day.

Because no two eyes are the same, treatment is never one-size-fits-all. Some patients may prefer LASIK for its quick recovery and immediate ease, while others opt for PRK for corneal stability. Many, such as young professionals with demanding schedules, find SMILE ideal due to its precision and efficiency.

Carlos' Journey: Newfound Vision, Newfound Confidence

Carlos Echeverria, a security guard and martial arts enthusiast, required dependable vision at all times. After reviewing the pros and cons of each procedure, he chose the SMILE procedure.

"They gave me the risks for PRK. For five days, I would be in pain. They told me SMILE was a better choice" Carlos recalls. *"I chose SMILE because it was quick. The next day my eyesight was clear and I didn't need glasses anymore."*

Within a day, Carlos was free from glasses. His new vision gave him confidence and peace of mind, both at work and in his training.

Ishika's Story: Freedom from Glasses at Last

For Ishika, vision correction was about convenience and confidence. She had worn glasses since age 13 and struggled with dryness from contact lenses. By the end of long days or while traveling, she often had to switch back to glasses.

Both of her parents had undergone surgery at UELC, giving her the confidence to schedule her own consultation. *"The staff were incredibly knowledgeable and walked me through all the different procedures with patience and clarity,"* she says.

After a thorough evaluation,

Ishika learned that SMILE was the best fit for her eyes. She credits Priyanka with helping her take the leap: *"I honestly don't think I would have gone through with SMILE without Priyanka. She was so caring and knowledgeable. I always felt supported."*

On surgery day, the procedure took only 10–15 minutes. *"What surprised me most was how fast and painless it was,"* Ishika recalls. *"I felt like I had new eyes the next day."*

Her recovery was smooth, with structured follow-ups at 24 hours, one week, one month, three months, and six months. Her "wow" moment came the very next morning: *"I opened my*

eyes and could read the clock across the room without glasses or contacts. That was life-changing."

Experience a New Standard in Eye Care

UltraView FREEDOM™ is more than a surgery. It is a holistic, patient-focused program that combines advanced testing, cutting-edge technology, and compassionate support. With leaders like Dr. Eric Tam and Priyanka Ramani, and real stories from patients like Carlos and Ishika, UELC is raising the bar for laser vision correction in the Greater Toronto Area.



“ *The staff were incredibly knowledgeable and walked me through all the different procedures with patience and clarity.* ”

ISHIKA (PATIENT)

ADVANCING CATARACT CARE:

*How UltraView VISION®
is Redefining Precision
and Personalization*



“With
ReLACS®, we
achieve precise
corneal
incisions and
lens placement

DR. SOHEL SOMANI



For Dr. Sohel Somani, progress in cataract surgery isn't measured by speed or volume but by precision, adaptability, and trust. The patients who walk into his operating room each have their own visual goals. Some want to read without glasses, others want sharper night vision, and all want confidence that their eyesight will match the life they lead.

"The modern cataract patient is discerning," Dr. Somani explains. "They know what they want to see after surgery. Our job is to make that vision possible." This belief drives the evolution of UltraView VISION®, U Vision Group's advanced cataract care pathway that integrates laser technology with adjustable-lens innovation to achieve outcomes once thought unattainable.

From Laser Precision to Light-Driven Customization

The foundation of UltraView VISION® lies in the combination of Refractive Laser-Assisted Cataract Surgery

(ReLACS®) and the Light Adjustable Lens (LAL), a pairing that allows surgeons to design and refine vision at an unprecedented level.

"With ReLACS®, we achieve precise corneal incisions and lens placement," Dr. Somani says. *"Then, once the eye has healed, the Light Adjustable Lens gives us the ability to fine-tune the patient's vision. It's precision that continues even after surgery."* Each patient's treatment plan is as individualized as a fingerprint. While traditional cataract surgery implants a fixed lens, the LAL can be adjusted post-operatively using targeted light exposure in the clinic.

Patients can trial blended or balanced vision settings before the final lock-in, ensuring that both comfort and clarity align with their everyday needs. *"It's like custom tailoring for your eyesight,"* Dr. Somani explains. *"You don't just order a suit and hope it fits. You try it on, adjust it, and make it perfect."*



Personalization for Every Eye

Cataract surgery has evolved from a single-solution procedure to a deeply personalized experience. Within UltraView VISION®, Dr. Somani's team uses advanced diagnostics, including optical biometry, corneal topography, and retinal OCT, to map each patient's unique anatomy before surgery.

About three-quarters of patients opt for what Dr. Somani calls "blended vision," where one eye is fine-tuned for distance and the other for near or intermediate tasks. The rest prefer "balanced vision," with both eyes focused identically for distance clarity. *"No two eyes are the same—even within one person,"* he says. *"Our job is to understand what their brain prefers and adjust accordingly. That's what true personalization looks like."*

Partnerships That Build Trust

Technology is powerful, but Dr. Somani emphasizes that patient communication remains at the heart of successful outcomes. Every UltraView VISION® journey begins with counseling that sets clear expectations. *"Surgery is a partnership,"* says Dr. Somani. *"Technology supports it, but understanding and trust make it work. We are transparent*

about what the experience will be and what patients can expect afterward."

Patients like Gurmeet Singh, a Toronto real-estate professional, often echo that sentiment. *"Dr. Somani explained every step, from technology to recovery, and told me exactly what to expect,"* Singh shared. *"It turned out even better than I imagined."*

Redefining What Is Possible

Roughly one-third of UltraView VISION® patients now achieve 20/15 vision, a level sharper than what was once considered "perfect." For many older adults, it's the first time they've ever experienced that clarity. *"In cataract surgery, 20/20 used to be our gold standard,"* Dr. Somani says. *"Now, we're routinely exceeding it."*

Reflecting on how far technology and surgical planning have come, Dr. Somani believes innovation finds its purpose when it enhances patient care and quality of life. *"It's not about having the newest equipment. It's about helping patients see, and live, better."* The surgeon envisions a future where data-driven insight and mentorship continue to push cataract care forward.



U-PLASMA

MICRONEEDLING + PLATELET RICH PLASMA

YOUR GLOW, REDEFINED

Using your own platelet-rich plasma (PRP) during microneedling, **U Plasma enhances collagen, repairs damage, and restores luminosity** – leaving skin smoother, firmer, and beautifully youthful.

Revitalize your
skin from within.

FREE CONSULTATIONS AVAILABLE

Virtual and In-person

**U EYE
LASER
COSMETIC®**

uvisiongroup.com

(416) 292-0339

647-330-8352



BOOK NOW

DRY EYE BREAKTHROUGHS:

TRANSFORMING CARE FOR CLEARER, MORE COMFORTABLE VISION



DR. VINCENT LAM

Dry eye disease (DED) affects people of all ages and isn't just an issue before cataract surgery. It can cause blurry

vision, burning or gritty sensations, and make everyday activities, such as reading, using screens, or wearing contacts, more difficult. At U Vision Group's Dry Eye Institute, advanced diagnostics and effective treatments help patients see more clearly and feel more comfortable, whether or not surgery is needed.

Why Dry Eye Matters (Beyond Cataracts)

Dry eye is a common condition that often remains undiagnosed. Issues with your tear film or eyelid glands can make daily life uncomfortable, interfere with night driving, and even affect the accuracy of eye exams. For those preparing for surgery, untreated dry eye can impact test results and slow recovery. Many visit the Dry Eye Institute simply wanting a more comfortable, clearer vision for daily life.

Leaders in Patient-Centred Dry Eye Care

Dr. Vincent Lam, a Cornea Specialist at the Dry Eye Institute and Dry Eye Care Consultant George Anka joined the Dry Eye Institute to improve care by balancing technology, access, and education. They focus on making accurate diagnoses, treating the root cause, and keeping patients involved so results last.

They work closely with U Vision Group ophthalmologists, optometrists and other Dry Eye Care Consultants that all specialize in Dry Eye at various locations, ensuring that people can easily transition between dry eye care, regular vision care, and, when necessary, surgical teams.

The Hidden Challenges: What Patients Need to Know

Dry eye disease often appears with blepharitis (eyelid inflammation). Today's care goes far beyond artificial tears, targeting real causes like oil gland problems, unstable tear film, or surface inflammation. Treating these issues improves daily comfort and prepares eyes for possible future surgery.

How the Dry Eye Institute Diagnoses Dry Eye Accurately

The Dry Eye Institute uses a range of tests to identify the cause of dry eye and track progress. These may include special stains, tear film stability checks, and imaging of the eyelid glands. For more severe cases, scans like Pentacam or OCT help map and examine the cornea. Dr. Lam shares these images with patients, helping them understand and take charge of their care.

Your Dry Eye Care Pathway

Every care plan is personalized with a combination of home routines, in-clinic treatments, and ongoing support. Home care may include warm compresses, eyelid cleaning, lubricating drops, and lifestyle adjustments to help maintain eye surface health. For inflammation, prescription drops or short courses of medication may be recommended.

At the Dry Eye Institute, advanced options such as UltraView DEL® (thermal pulsation or radiofrequency) target oil gland issues, while other specialized treatments, such as tear duct plugs or PRP (platelet-rich plasma) serum drops created from the patient's own blood to naturally promote healing and regeneration; are available for more severe cases. Patients often feel encouraged when they see their gland images improve, motivating them to stay consistent with their treatment plan.

Conversations That Clarify Choices

Dry Eye Care Consultant George Anka helps patients understand their options and set realistic expectations. Some treatments offer immediate relief, while others require time for the tear film to heal. Each plan is customized to fit the patient's priorities, from comfortable screen time to safe night driving or returning to sports.

Life After Treatment: Habits, Follow-Up, and Results

Dry eye care doesn't end when symptoms improve. The Dry Eye Institute promotes lasting habits, such as daily eyelid care, wearing sunglasses outdoors, and managing screen time. Regular check-ins let the team adjust treatment and celebrate progress. For surgical patients, a healthy eye surface means better test results and easier recovery. For everyone else, it means clearer vision and greater comfort every day.

Technology Plus Access

The Dry Eye Institute's dry eye care is designed to be both advanced and easily accessible. The team openly discusses costs, begins with the most essential steps, and offers a range of

choices, from home routines to in-clinic treatments. This way, patients can move forward at a pace that works for them. When possible, flexible payment options are available to make care easier to get.

What to Watch For (And When to Call)

If you experience burning, grittiness, watery eyes, changes in vision, or trouble with contacts, it could be dry eye, even if your eyes appear normal. Early diagnosis makes treatment easier and more effective, so don't wait to get checked.

The Bottom Line

Dry eye disease is more than an annoyance; it's a treatable medical condition. At U Vision Group's Dry Eye Institute, Dr. Lam, George Anka, and their team provide personalized care at any stage of life. For a more comfortable and clearer vision, whether for daily living or preparing for surgery, it all starts with a thorough diagnosis and a personalized plan tailored to your needs.



GEORGE ANKA

BUILDING TRUST, RESTORING SIGHT:

HOW U VISION GROUP'S SURGICAL COUNSELLORS TRANSFORM PATIENT CARE



“...Above all, we strive to create clarity and build trust.

SURGICAL COUNSELLOR - GURWINDER

Trust between patients and their care team is key to good results. At Uptown Eye Specialists, a U Vision Group company, we know eye care relies on planning, follow-up, and communication, that is why every

patient has a dedicated Surgical Counsellor. These counselors guide patients before and after surgery, handling education, logistics, and expectation-setting so that each person feels informed, supported, and prepared at every stage of their care journey. At Uptown Eye Specialists, Surgical Counsellors are often a patient's first consistent point of contact. From

the initial phone call through post-operative check-ins, they reinforce the guidance provided by physicians, tailoring information to each person's lifestyle and helping patients feel confident throughout their journey. They also coordinate care across UVG's network of providers, ensuring that every patient has the proper support in place. The goal is straightforward: few-

er surprises, smoother recoveries, and decisions aligned with each patient's individual needs.

First Impressions Matter: Guiding New Patients from Day One

In eye care, every day brings new challenges, from dry eye issues and cataract exams to injuries and complex medical histories. Surgical Counsellors at Uptown Eye Specialists keep things running smoothly by answering questions, preparing patients for tests, and ensuring that everyone understands their care plan.

As one counsellor, Gurwinder, explains, *"We are used to communicating with so many different people. When we first meet a patient, we take the time to understand their vision goals and how those goals align with their lifestyle. Some patients prefer to communicate in their native tongue, while others may have a strong technical or scientific background. Every patient requires a different approach, with communication tailored to their unique needs. Above all, we strive to create clarity and build trust."*

That trust starts with listening. Counsellors ask about prior eye care, daily visual demands, work and driving needs, and comfort with screens or reading. When someone arrives with expectations based on a friend's experience, the team gently realigns the conversation to the patient's own exam findings and goals.

Clear Communication, Brighter Futures

Many people feel uncertain before surgery because they worry about pain, recovery, or the outcome. Surgical Counsellors at Uptown Eye Specialists take time to answer questions and keep the conversation open. They use brochures, visuals, and

computer simulations to explain choices and potential trade-offs in a way that makes sense.

As Gurwinder notes, *"It's important to tailor your language to a person's lifestyle and profession. For example, if I'm talking to a truck driver, I'll use examples like street signs or the dashboard. But if I'm speaking with an artist, I'll describe things in terms of what they would see on a canvas."*

Because UVG serves a diverse community, the team ensures that language is never a barrier. Whenever possible, patients are matched with staff who speak their language, and written instructions are designed to be clear and easy to follow. This helps improve consent, reduce anxiety, and make it easier for patients to follow their care routines after surgery.

Beyond the Operation: Lasting Support and the Value of Surgical Counselling

Surgical Counsellors help set realistic expectations and emphasize the importance of following the care plan. *"We explain that every surgery has both risks and benefits,"* says Gurwinder. *"Even though a risk could be one in 10,000, everybody heals differently. During recovery, it could be under-healing or over-healing. Our goal is to reduce your dependence on glasses after surgery, and we tailor our recommendations to your eyes and visual goals."*

The counsellor's role continues after surgery. They review post-surgery instructions, schedule follow-up visits, and ensure that patients can easily reach the clinic with any questions. When possible, they also assist with payment options and scheduling, making it easier for patients to access

care. Many patients stay in touch for years, a testament to the strong relationships built along the way.

Why It Works

By making Surgical Counsellors an integral part of the team, U Vision Group and Uptown Eye Specialists create a patient experience that is organized, personal, and easy to understand. Surgeons and optometrists can focus on care, knowing that patients are well-informed. Patients, in turn, feel listened to and supported, with someone guiding them through each step of the process. The result is better communication, smoother recoveries, and greater confidence that the care plan fits real life.

With caring counselors like Gurwinder and the skilled team at Uptown Eye Specialists, patients are empowered to ask questions, understand their treatment, and make informed decisions that support both their vision and their lifestyle.





FORSEE CANADA AND THE CATARACT RELIEF PROGRAM: RESTORING SIGHT, REBUILDING LIVES

Around the world, millions of people live with vision loss caused by cataracts, one of the most treatable eye conditions. The problem isn't a lack of technology or expertise, but of access. Through its Cataract Relief Program, FORSEE Canada is helping to close that gap by funding surgeries, supporting screening camps, and providing training where needed to strengthen local capacity in regions where sight-saving care remains out of reach.

Expanding Access, One Community at a Time

The Cataract Relief Program focuses on three core priorities: funding surgeries, supporting local outreach initiatives, and partnering with hospitals and clinicians who share its mission. When required, the program also trains surgeons and staff to ensure surgical programs can continue long after the initial funding ends. By removing cost and logistical barriers, it helps people affected by cataracts regain their sight, independence, and livelihoods.

One of those partners is City Eye

Hospital in Nairobi, Kenya. Founded by Mithamo Kibata's father, the hospital has grown from a local clinic into one of Kenya's leading centres for accessible eye care. *"Our mission is to make high-quality eye care affordable and accessible,"* Kibata explains. *"Affordability and accessibility are more or less the same. Sometimes we just use the word accessibility because one facet of access is making it affordable."*

At City Eye Hospital, patients often learn about cataract screenings through radio, pamphlets, or word of mouth. Screening camps bring ophthalmologists, diagnostic tools, and educational resources directly to communities that would otherwise go untreated. *"Patients typically hear from either word of mouth or like a radio announcement,"* Kibata says. *"So the patient makes their way to the outreach location. There's registration, screening, and then the doctor explains that you have a cataract and that this can be done through surgery. Once they understand, they are put on a bus with a group of other patients and taken to the hospital."*

Once admitted, patients receive meals, pre-surgery tests, and clear postoperative instructions before returning home - often able to see the world anew for the first time in years.

Restoring Sight, Reviving Livelihoods

FORSEE Canada's partnership with City Eye Hospital is a model of collaboration in action. While FORSEE provides the funding, structure, and outreach support that make these operations possible, City Eye



Hospital delivers the clinical expertise and on-the-ground leadership that change lives.

Kibata recalls one patient in particular: *"There's one of a carpenter who got bilateral cataracts developing in both eyes. Because of that, he couldn't work. His ability to work was slowly diminishing. Of course, that impacted*



his revenue, his livelihood. So he heard about our outreach and came through for one surgery on one eye. It really opened his eyes to see how bad his eyesight was. Later on, he came and got the second eye done."

That patient's story represents thousands more who have regained not only vision but independence. "Whenever a patient could not do something and, due to the surgery, now can do it, that is when you have this impact, and the patient is very appreciative," Kibata adds.

Partnerships That Strengthen Care

Kibata emphasizes that quality of care is City Eye Hospital's greatest priority. "We did a survey a few weeks ago, and the biggest reason patients choose us was the choice of specialists," he says. "At a close second came quality of care, and third was cost. The greatest way we get patients is by word-of-mouth referrals, so the biggest way to remain relevant is to offer a high quality of care."

Through philanthropic support from U Vision Group, FORSEE Canada funds surgeries, equipment, and

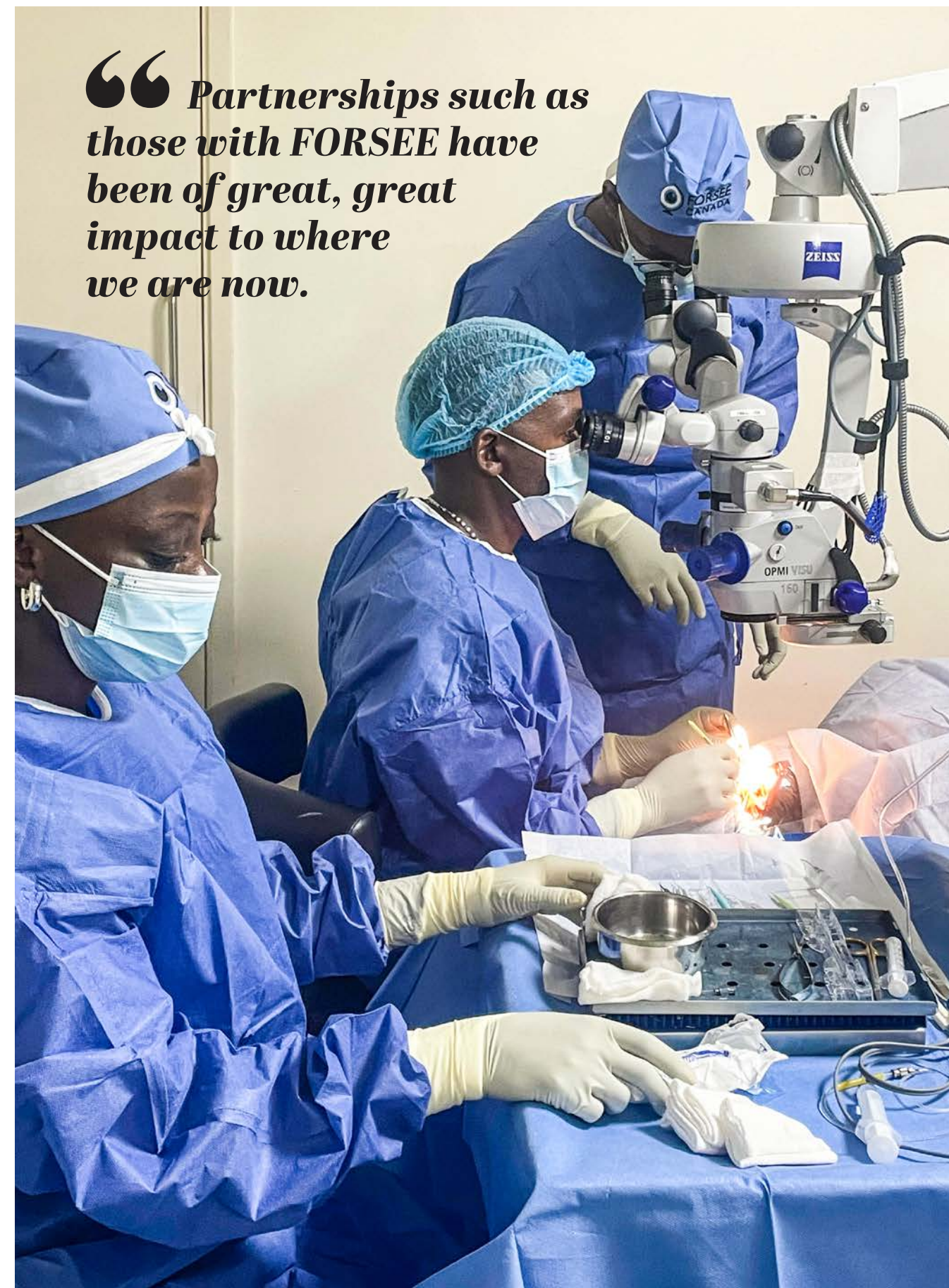
outreach, helping partner hospitals like City Eye scale their impact and extend sight-saving care to more patients than ever before.

A Sustainable Vision for the Future

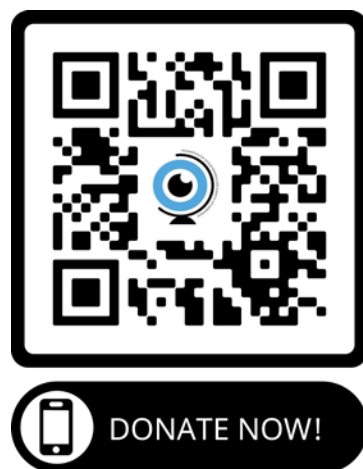
The Cataract Relief Program's success lies in its sustainability. Through continued investment in local capacity - whether in skills, infrastructure, or direct support - the program ensures that eye-care systems remain strong and self-sufficient long after each mission.

"The very fact the hospital is still going on and has not closed just speaks of resilience," says Kibata. "Partnerships such as those with FORSEE have been of great, great impact to where we are now."

As FORSEE Canada continues to expand its reach, each restored eye becomes a testament to what compassion, collaboration, and community can achieve. Readers who wish to support this work can visit the FORSEE Canada website to help fund future surgeries and outreach programs.



“Partnerships such as those with FORSEE have been of great, great impact to where we are now.”





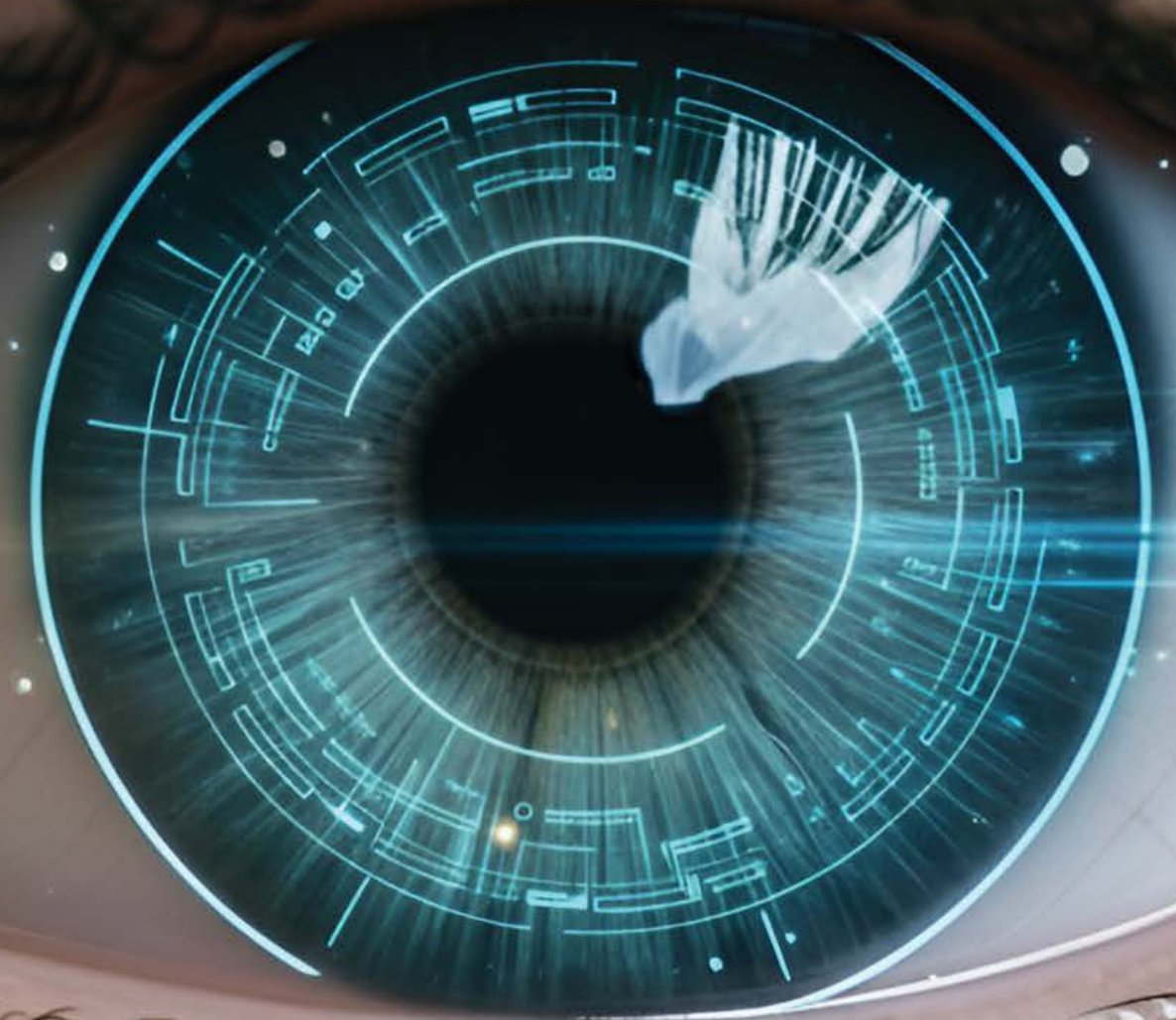


EXPERIENCE THE FUTURE OF VISION:

BECAUSE PERFECT VISION SHOULD BE PERSONAL
— TEST DRIVE YOURS WITH ULTRAVIEW VISION.

UltraView
「VISION」[®]

The Ultimate Lens-based Surgery



Now available exclusively at U Vision Group for
Cataract Surgery and Refractive Lens Exchange.



uelc.uvisiongroup.com



(416) 292-0339

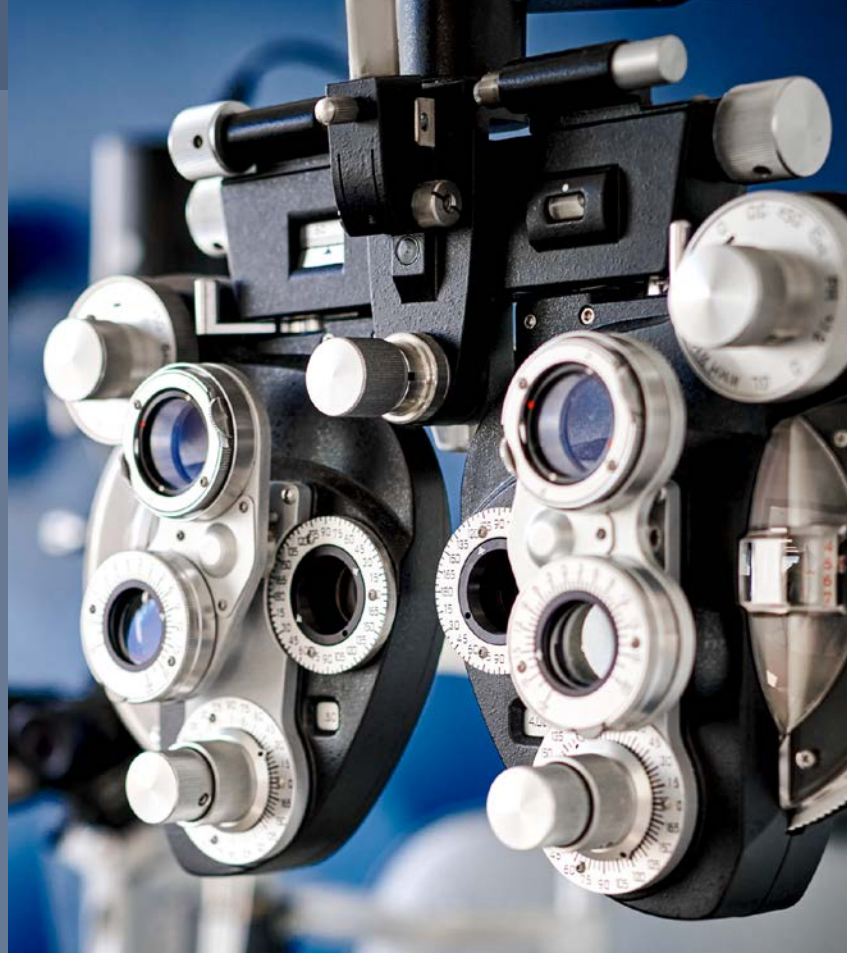


647-330-8352





UNITED FOCUS TOWARDS UNIVERSAL VISION.



UltraView ReLACS®

An outpatient cataract procedure performed with a computer-driven, imaging-guided femto-second laser. The result is unprecedented precision and accuracy of vision.

UltraView DEL®

A non-invasive state-of-the-art intense pulse light therapy on the deep glands to rejuvenate the tear film.

UltraView VISION®

The ultimate in lens-based surgery, combining the laser precision of UltraView ReLACS® with the exceptional clarity of the RxSight Light Adjustable Lens (LAL), delivering unmatched accuracy and superior surgical vision.

UltraView FREEDOM™

UltraView FREEDOM™ is a cutting-edge, wavefront-optimized corneal surgery that corrects vision with precision and care. It provides sharp, natural vision, empowering you to embrace life with confidence and clarity.



UltraView

BRAMPTON

401 - 7900 Hurontario St.
Brampton, ON, L6Y 0P6

ETOBICOKE

120-135 Queens Plate Dr.
Etobicoke, ON, M9W 6V1

VAUGHAN

221 - 2180 Steeles Ave. W
Concord, ON, L4K 2Z5

SCARBOROUGH

109 - 2101 Brimley Rd.
Scarborough, ON, M1S 2B4

Tel: 416-292-0330 Fax: 416-292-0331



UVISIONGROUP.COM